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SACRAMENTS OF  
**INITIATION**  
Salford Diocese

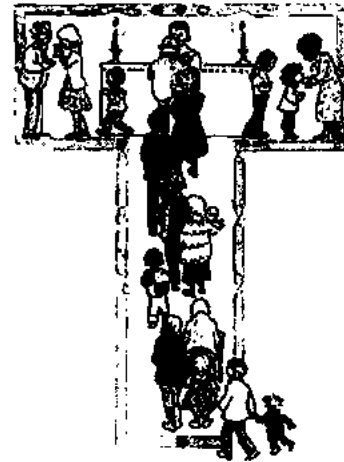
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**What is the Church?**

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**Children's Worksheet: Unit 6**

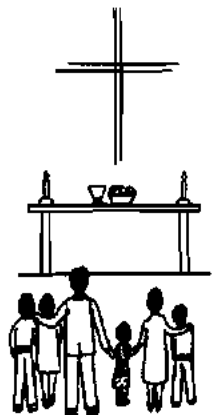
**We are the  
Body of Christ**



C \_ n f \_ \_ m \_ t \_ \_ n

and

C \_ m m \_ n \_ \_ n

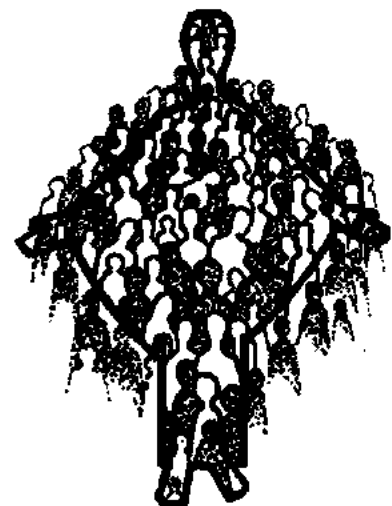


These two important sacraments complete our initiation into the Church which began with our Baptism.

We celebrate them close together and in a very short time we will become Full Members of the Church.

Confirmation is a sacrament that we only celebrate once.

Communion - the Eucharist - is a sacrament we can celebrate many times but our First Holy Communion is a special occasion.



In Holy Communion we receive 'The Body of Christ'.

# Confirmation - The Gift of the Holy Spirit

Before Jesus returned to his Father in heaven, He promised his friends that He would send the Holy Spirit to help them to carry on his work.

Jesus sent the Holy Spirit to his friends at

P \_ \_ t e \_ \_ s t

Jesus promises to send us the Holy Spirit so that we can carry on his work.



He comes to us first at our Baptism and we are renewed and strengthened in the Spirit at our Confirmation.

Just before we are confirmed, we renew our baptismal promises.



The bishop or priest who confirms us stretches his hand out over us and prays that the gift of the Holy Spirit will be given to us.

He then marks a sign of the cross on our foreheads using a special oil called Chrism and says:

\_\_\_\_\_ be sealed with the  
gift of the Holy Spirit'

As this anointing is taking place, our sponsor stands with us and puts his/her hand on our shoulder. Our sponsor is someone from the Church family who will help us to live in God's ways.



We might choose a particular saint to copy in our lives and take that saint's name for our Confirmation name.

## Communion - The Gift of Jesus

*Fit these words into  
the gaps to complete  
the story*

eat  
drink  
body  
blood  
bread  
wine

The evening before Jesus died on the cross he celebrated a special meal with his friends. This meal is known as The Last Supper.

During the meal, Jesus took b \_ \_ \_ , blessed it and broke it and said, "This is my b \_ \_ \_ which will be given up for you. Take it and e \_ \_ ." He took the cup of w \_ \_ \_ , blessed it and said,

"This is the cup of my b \_ \_ \_ \_ which will be shed for you and for all.

Take it and d \_ \_ \_ \_ ."

He told his friends, "Do this in memory of me."

We obey this command when we come together at Mass and do what Jesus did at the Last Supper.

The Mass is also called 'The Eucharist' which comes from a Greek word meaning 'Thank you'.



The priest says the Eucharistic Prayer - a prayer of thanksgiving.

During that prayer, he takes the bread and the wine and says the same words that Jesus said at the Last Supper.

The bread and wine become the Body and Blood of Jesus and we receive Him in Holy Communion.

## At Home...

Colour in this picture of Jesus sharing the Last Supper with his disciples



and think about the words he spoke to them.

Write down some of the things that we can thank God for when we come to Mass - the Eucharist:

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Say this prayer to the Holy Spirit as you prepare for Confirmation:

**Come Holy Spirit, fill me with your gifts.  
Help me to live as Jesus wants me to live,  
loving God and other people.  
Amen.**

This worksheet belongs to: \_\_\_\_\_