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# SACRAMENTS OF INITIATION

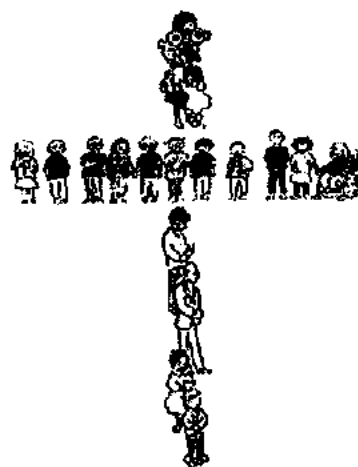
Salford Diocese

## What is the Church?

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### Children's Worksheet: Unit 5

## We are People who Follow Jesus



## Jesus shows us how to love



The way of life that Jesus lived, which we read about in the Gospels, is one that led to him being crucified.

During his life on earth, Jesus showed us how to love and care for other people.

Jesus carrying his cross shows how far he was prepared to go out of love for us.

We are called to be followers of Christ.

This does not simply mean walking behind him, like the crowds did on his way to Calvary. It means we must imitate him in the way we love and care for other people.



Complete the words which describe some of the ways we can show love to other people:



H \_ l \_ i \_ g

S \_ a \_ i \_ g

C \_ r \_ n \_

## The Presentation of Gifts

God gives us a lot of gifts that we can use in loving other people.

Complete these words to show some of those gifts:

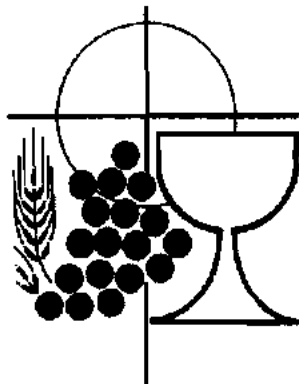
T \_ m \_      S k \_ l \_ s      T \_ l \_ n \_ s

Sometimes we are not able to help people ourselves but we can give money or other things which someone else can use to help them.

At Church we have collections which are used to pay the costs of running the Church and to help people who are in need. We give from what we have for the sake of others.



At Mass we offer our gifts to God.



After the Readings and Bidding Prayers, the gifts of bread and wine are brought to the altar.

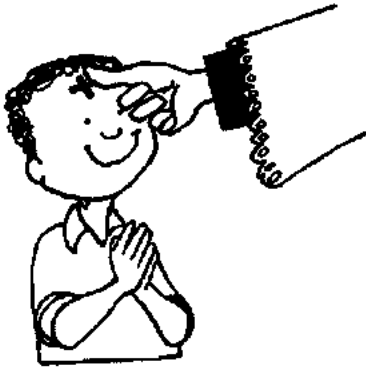
The bread and wine are "fruits of the earth" and "work of human hands". They are wheat and grapes which people have made into bread and wine.

They represent all the gifts that we are offering to use, as followers of Jesus, in loving and serving other people.

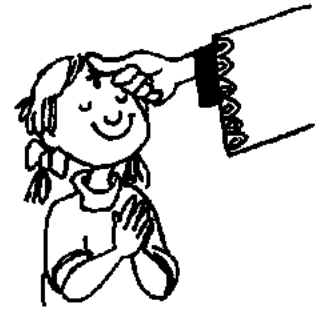
For all the gifts that God gives us, we say:

Blessed be  
God forever

## Lent



This is a special time in the Church's year when we think about God's love for us and try very hard to live as followers of Jesus.



The season of Lent begins on **Ash Wednesday** when we are marked with ashes in the sign of the cross. This is a reminder of the sign of the cross made on our foreheads at Baptism.

It is in Baptism that we are called to live as followers of Jesus. During Lent we try to do this better. We are invited to spend time:

- ♦ Praying - talking to God and listening to God
- ♦ Fasting - doing without some of the things we enjoy
- ♦ Almsgiving - sharing what we have with those in need

Lent is not just about giving things up. It is also about doing extra things to show that we are followers of Jesus. Write down what you will do this Lent:

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## The Holy Spirit helps us to follow Jesus

During Lent we should pray for the gifts of the Holy Spirit to be given to us to help us to live as followers of Jesus. These gifts are:

- ♦ Wisdom
- ♦ Understanding
- ♦ Counsel
- ♦ Fortitude
- ♦ Knowledge
- ♦ Piety
- ♦ The Fear of the Lord



# At Home...

Try to do something special on the days of Lent to show that you are a person who follows Jesus. Draw in the boxes, using the special code, to make a note of the things you do.



A star if you spend some time in prayer



A cross if you give something up for the day



A heart if you do something kind

			Ash Wednesday	Thursday	Friday	Saturday
First Sunday of Lent	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Second Sunday of Lent	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Third Sunday of Lent	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fourth Sunday of Lent	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fifth Sunday of Lent	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Palm Sunday	Monday	Tuesday	Wednesday	Maundy Thursday	Good Friday	Holy Saturday
These are not part of Lent but days when we celebrate the love Jesus has for us and prepare to celebrate his resurrection.						

This worksheet belongs to: \_\_\_\_\_