

What is the Church?

Children's Worksheet: Unit 2

We are People who Pray



On Sunday the People of God gather to pray

Here I am at Mass with my family

When we pray at Mass...

- ◆ We begin with the Sign of the Cross
- ◆ We tell God we are sorry for the things we have done wrong
- ◆ We say (or sing) 'Glory to God'
- ◆ We ask God for the things we need and the things that other people need
- ◆ We thank God for all the good things God has done for us, especially for giving us Jesus
- ◆ We pray a special family prayer - The Our Father

Jesus gives us a special prayer...

One day, when Jesus was talking to his friends, one of them asked him to teach them to pray.

He told them not to use a lot of words because God already knew what they needed.

He taught them the Our Father



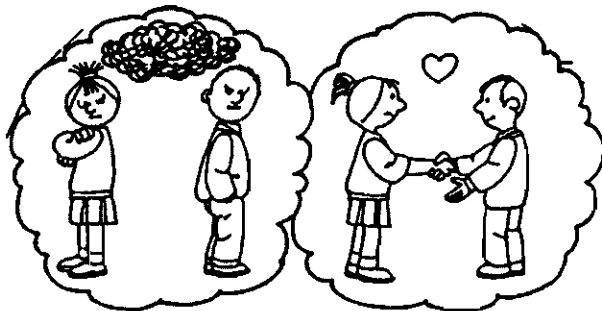
Our Father
who art in heaven,
hallowed be thy name



thy kingdom come:
thy will be done on earth
as it is in heaven.



Give us this day
our daily bread,



and forgive us our trespasses
as we forgive those
who trespass against us.



And lead us not
into temptation,
but deliver us from
evil. Amen.

The Holy Spirit helps us to pray...

For the Sick



For ourselves
and the things
that we need

For those in charge
of our country



For those who
have died

For all who are
suffering in
the world

*Listen for prayers
like these when you
are at Mass*

For our families
and people who
help us

As well as praying in Church...

We can pray at h _ _ _ and at s _ _ _ _ _

We can pray with our f _ _ _ _ _ and f _ _ _ _ _

We can pray on our own.



When we pray...



We can use prayers that we are given or our own words

We can pray out loud or in silence

We can kneel, or stand up, or sit down

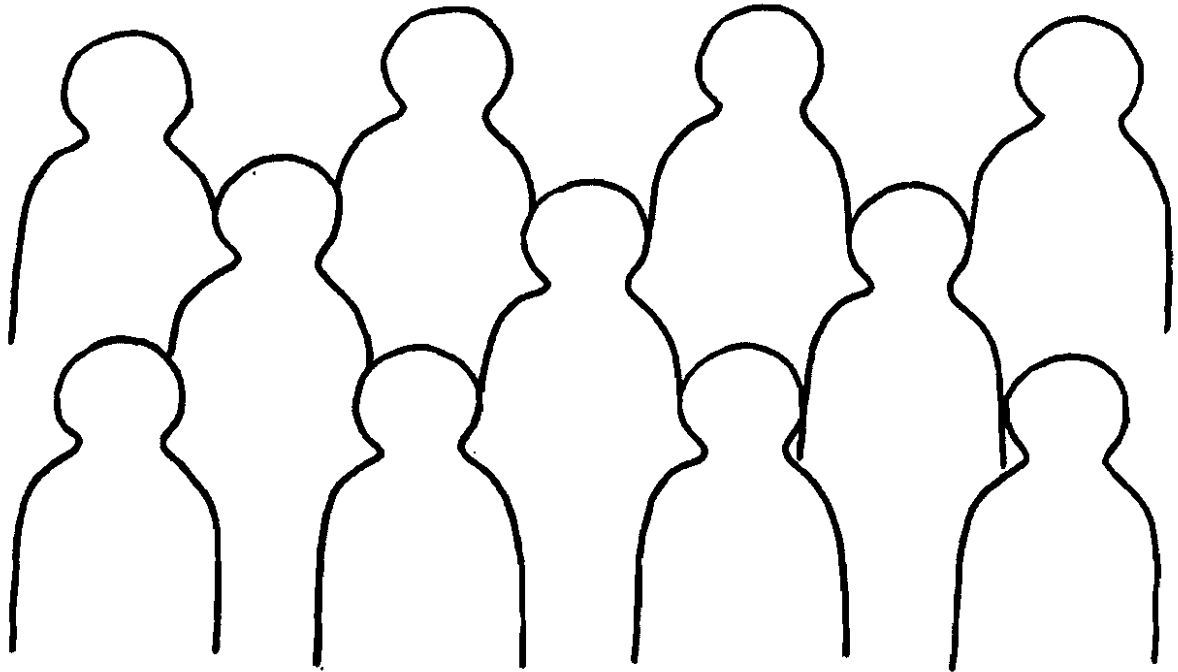
We can pray through music, movement, gestures

We can draw or paint a picture to show what we are praying about

We can pray to God every day about everything

At home...

Spend a little bit of time each day thinking about one person you want to pray for. Write the person's name in one of the figures below (or colour them in to show you have prayed for someone).



Write a short prayer to say thank you to God for something or to ask God to help someone.

Remember to pray the Our Father every day.

This worksheet belongs to: _____